

PINNACLE OF TIME

WELL-BEING CENTRE

1A Church Lane and 1 Church Lane, Murwillumbah

"Mental Health as an island", as well as its connection to the "Circle of Time", are the aspects that are driving the well-being centre design. Various parts of the circle represent different paths, as well as river streams, that each one of us takes during our mental health journey. They overlap with each other, but they will never meet. That reflects the individuality of each person's journey. At the top of the site, there are located therapy rooms with a view of the mountains, which reminds us of our goal and brings back the hope for those who lost it. Intricate experience all the way to the desirable pinnacle.

DESIGN PRINCIPLES



CONNECTION TO NATURE



WATER
As Healing Element



STREET ACTIVATION



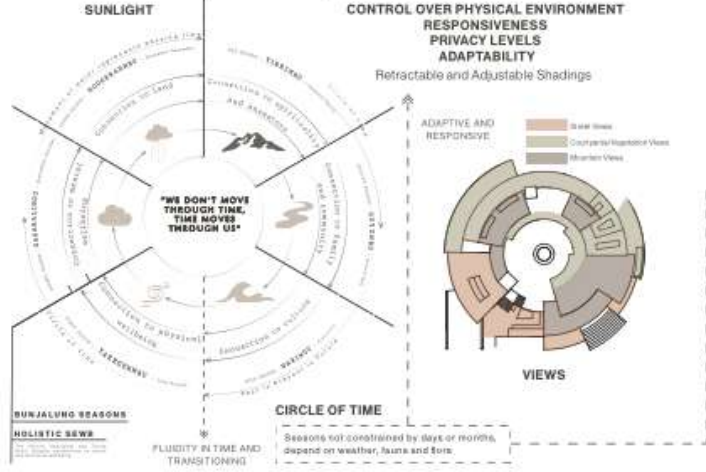
SUNLIGHT



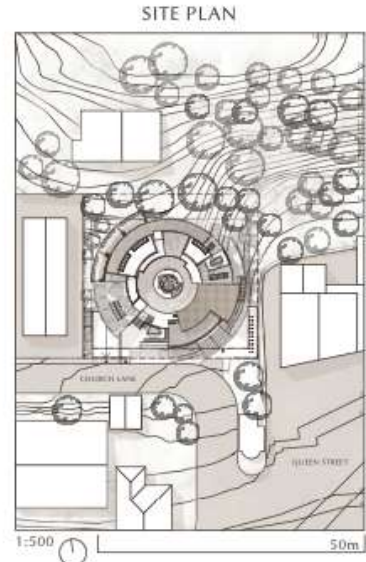
CONTROL OVER PHYSICAL ENVIRONMENT



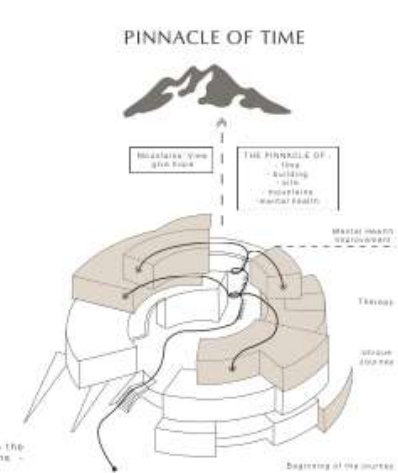
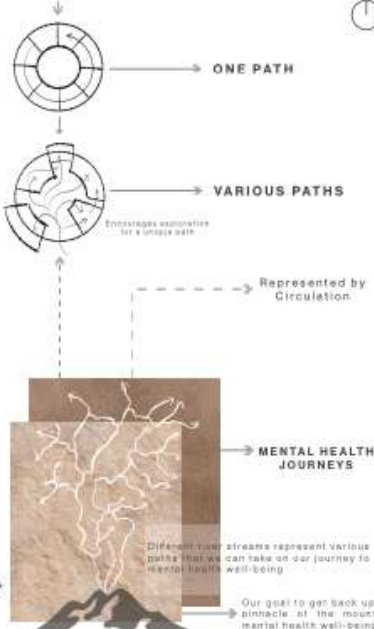
VIEWS



SITE MAP



SITE PLAN



FORM DEVELOPMENT

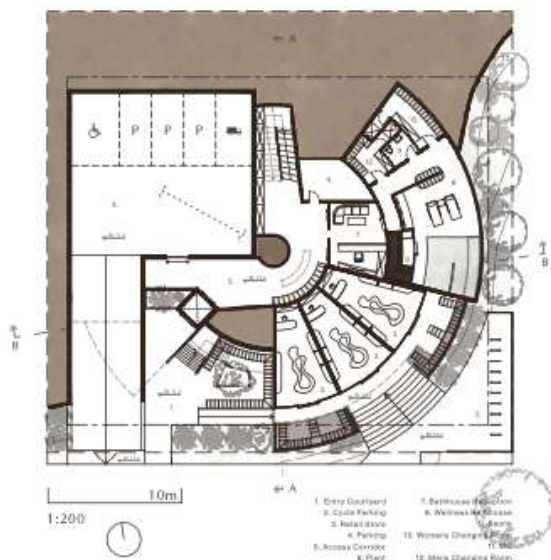
Overlapping circle represents fluidity of past, present and future - time passing through us.



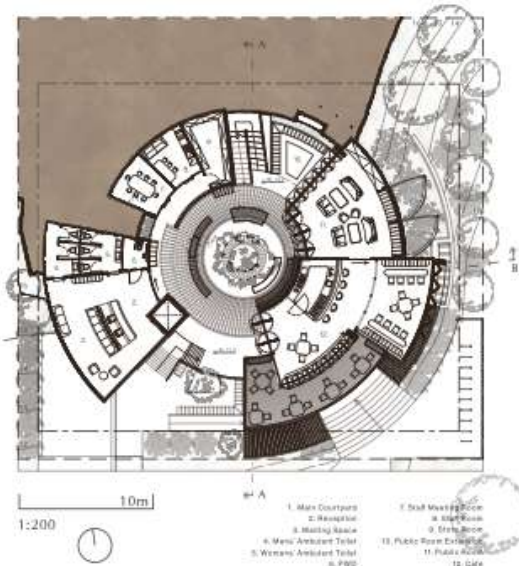
STREET VIEW PERSPECTIVE



GROUND FLOOR PLAN



1st FLOOR PLAN

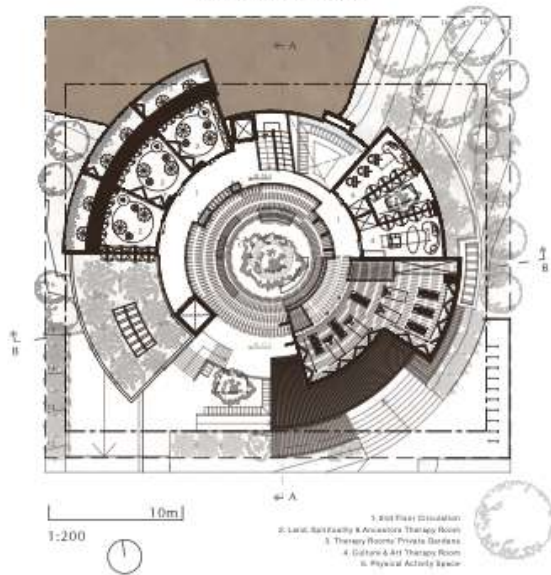


2.3. Land Therapy Rooms' Private Gardens

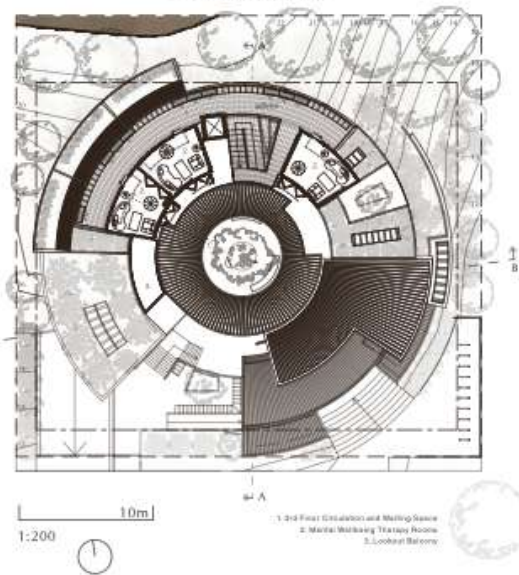


0.8 Wellness Bathhouse

2nd FLOOR PLAN

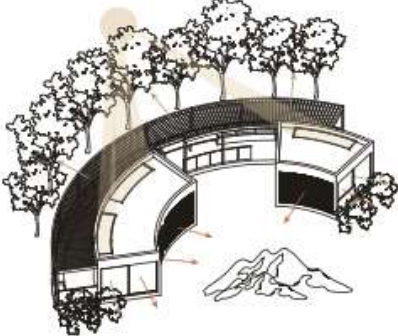


3rd FLOOR PLAN



2.5 Physical Activity Space

THERAPY ROOMS DIAGRAM



4.2 Mental Wellbeing Therapy Rooms

Connection to Mental Wellbeing & Connection to Family and Community
- Individual Therapy Rooms
- Group Therapy - Afternoon Community Rooms



2.5 Physical Activity Space

Connection to Physical Wellbeing
- Yoga
- Dance - Body Movement
- Tai Chi



0.8 Wellness Bathhouse

Connection to Physical Wellbeing
- Wellness Bathhouse
- Sauna



2.4. Culture & Art Therapy Rooms

Mountains' Views
Gardens' Views



2.2. Land Therapy Rooms

Connection to Land & Connection Spirituality and Ancestors
- Meditation
- Rituals
- Nature Rituals

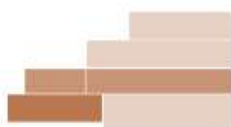


2.4. Culture & Art Therapy Rooms

Connection to Culture
- Art
- Music
- Drama



SPACES DIAGRAMS



PRIVATE / PUBLIC DIAGRAM



VIEWS



CONNECTION TO SITE BOUNDARY



ACTIVITIES



Following Rammed Earth Walls leads through the path to

- Therapy Rooms
- Mountains View
- Top of The Building

THE PINNACLE

- 3rd Floor Circulation and Waiting Space
- Main Waiting Therapy Rooms
- Lookout Balcony

3rd FLOOR PLAN

- 2nd Floor Circulation
- Land, Spirituality & Ancients Therapy Room
- Therapy Rooms Private Gardens
- Culture & Art Therapy Room
- Prepared Activity Space

2nd FLOOR PLAN

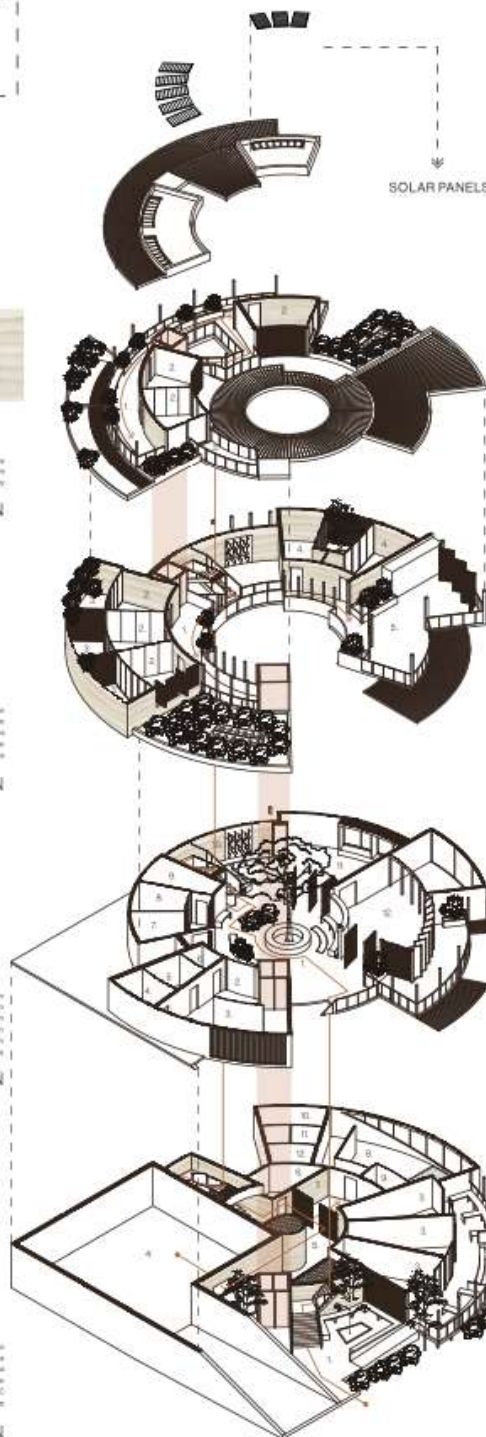
- Main Courtyard
- Reception
- Waiting Rooms
- Music Art & Art Therapy
- Music Art & Art Therapy
- P.W.O.
- Staff Meeting Room
- Staff Room
- Store Room
- Public Room/Conference
- Public Room
- Cafe

1st FLOOR PLAN

- Entry Courtyard
- Cycle Parking
- Retail Store
- Fitting
- Access Corridor
- Pool
- Reception Reception
- Wellness Bathhouse
- Swims
- Monitors Changing Room
- WC
- Work Changing Room

GROUND FLOOR PLAN

EXPLODED AXONOMETRIC



SECTION A - A

2.5 Adjustable Timber Structures View



Bird Eye View Perspective

Displaying Garden Spaces and Timber Structures Location



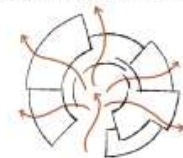
SUSTAINABILITY FEATURES



- Solar Panels
- Green Roofs
- Various Gardens
- Materiality

Regulate:

Cross and Shaft Ventilation



Daylight Accessibility & Shading



- Entry
- Street Activating Balcony
- Retail Store
- Cafe
- Elevator
- Main Courtyard
- Access Corridor
- Staircase
- 2nd Floor Circulation
- 3rd Floor Circulation and Waiting Space
- Lookout Balcony

1:100

10m

SOUTH ELEVATION



EAST ELEVATION



SECTION B - B



